



SURE TRAINING

YOUR TRUSTED PARTNER IN ENSURING
CLIENT AND PATIENT SAFETY



MOVING AND HANDLING TRAINING COURSE

WELCOME TO SURE TRAINING

Your Trusted Partner in Ensuring Client and Patient Safety

Welcome to Sure Training's Moving and Handling Course, where safety and efficiency meet to ensure the well-being of both caregivers and those under their care. In this course, we embark on a journey to understand the principles and techniques essential for safe and effective movement and handling practices.

In any care setting, whether it's a hospital, care home, or in-home care, the physical well-being of both caregivers and patients is paramount. Through this course, we aim to equip you with the knowledge and skills needed to minimise the risk of injury while promoting comfort and dignity for those in your care.

Throughout this session, we will delve into various topics, including the importance of proper body mechanics, the correct use of equipment such as hoists and slings, and strategies for risk assessment and prevention. By the end of this course, you will not only have a comprehensive understanding of moving and handling principles but also feel confident in your ability to apply them in real-world scenarios.

Our goal is simple: to empower you to provide the highest standard of care while prioritising safety and well-being every step of the way.

OUR APPROACH

In the context of healthcare, the Moving & Handling course stands as an indispensable training that simply cannot be relegated to an online format. The intricacies involved in assisting residents with mobility challenges demand a hands-on, face-to-face approach for optimal comprehension and practical application. Unlike online videos that offer only theoretical knowledge, our course prioritises real-time demonstrations and interactive sessions, fostering muscle memory and promoting safe practices.

Opting for an in-person experience over online alternatives is crucial, as the physical nature of these tasks requires personalised guidance to mitigate potential risks. Investing in our comprehensive Moving & Handling course ensures that care home staff not only understand the theory but also gain practical skills, significantly enhancing the safety and well-being of both residents and caregivers.

OVERVIEW OF THE COURSE - THEORY

- Definition of Moving and Handling
- Legislation
- Roles and Responsibilities
- Employee and Employer
- Risk Assessments
- What is TILEO
- Hazards-Risk-Control
- The Spine
- Safe Practices
- Importance of Effective Communication
- Basic Lifting Principles
- Using TILEO
- Equipment
- LOLER
- Moving and Positioning Terminology
- Supporting with Different Conditions
- Falls Procedure
- Falls Prevention
- Reporting and Recording Concerns
- GDPR
- Abuse



OVERVIEW OF THE COURSE - PRACTICAL

- Pre-Moving and Positioning Risk Assessment
- Using a Stand Aid
- Pre-Moving and Handling Risk Assessment
- Assisting to Stand
- LOLER
- Personal Care / Changing Sheets
- Profile Beds
- Recognising Concerns
- Mobile Hoists
- Reporting Concerns
- Standing Hoists
- Recognising Abuse
- Slings
- Reporting Abuse
- Slide Sheets
- GDPR
- Wheelchairs / Commodes
- Importance of Consent
- Dignity / Privacy
- Basic Lifting Principles
- Importance of Good Communication
- Respect/Choice

BENEFITS TO YOUR BUSINESS

Investing in a moving and handling course is crucial for healthcare companies as it enhances staff competency in safe patient handling, reducing the risk of injuries to both patients and caregivers while ensuring compliance with regulatory standards.

- 1 Reduced Risk of Injuries:**
Proper training in moving and handling techniques lowers the risk of workplace injuries among employees, leading to fewer absences and reduced workers' compensation claims.
- 2 Improved Efficiency:**
Employees who are proficient in moving and handling techniques can perform their duties more efficiently, leading to smoother workflow and enhanced productivity.
- 3 Enhanced Patient Care:**
By learning safe and appropriate methods for moving patients, staff can provide better care while minimising discomfort and risk to the patient.
- 4 Compliance:**
Training ensures that the business remains compliant with health and safety regulations, reducing the likelihood of fines or legal issues related to workplace safety.
- 5 Cost Savings:**
Investing in training upfront can result in long-term cost savings by preventing injuries, reducing insurance premiums, and avoiding potential legal expenses associated with workplace accidents.

FAQs

Is the course delivered in one single session?

Yes

How long are the sessions?

4 hours

Where does the training take place?

Our moving and handling training course is delivered in person at one of our specialised training facilities. Face-to-face interaction is a crucial element of this module to effectively integrate both practical and theoretical elements of the course.

CLASSROOM TRAINING LOCATIONS

- Hull
- Goole
- Scunthorpe
- Leeds
- Barnsley
- Bridlington

What do we receive at the end?

You will receive certification confirming you have successfully completed the course.



TAKE THE FIRST STEP TOWARDS HEALTHCARE SAFETY EXCELLENCE

Investing in a moving and handling course is crucial for healthcare companies as it enhances staff competency in safe patient handling, reducing the risk of injuries to both patients and caregivers while ensuring compliance with regulatory standards.

With Sure Training as your partner, you can trust that your staff will receive the highest quality training, equipping them to provide compliant, compassionate and competent care to those in need.



SURE TRAINING

TALK TO A MEMBER OF
OUR TEAM TODAY

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