

YOUR PARTNER IN HEALTH & SAFETY EXCELLENCE



HEALTH AND SAFETY TRAINING COURSE

### WELCOME TO SURE TRAINING

#### Your Trusted Partner in Workplace Health and Safety Excellence!

In today's rapidly evolving workplace landscape, prioritising health and safety has never been more critical. This Health & Safety training course is a comprehensive program designed to instil critical knowledge and skills among employees, fostering a secure and compliant work environment.

Covering diverse topics from legal compliance to clear delineation of responsibilities, the course aims to enhance accountability and contribute to a positive work culture. By equipping participants with the tools to prevent accidents, respond to emergencies, and adhere to health and safety regulations, the course plays a pivotal role in promoting a healthier, more productive workforce and supporting the overall success of the business.



#### **KEY TRAINING TOPICS**

#### **LEGAL COMPLIANCE:**

Ensures adherence to health and safety legislation, reducing the risk of legal complications.

#### **EFFECTIVE POLICY IMPLEMENTATION:**

Clarifies and ensures the implementation of health and safety policies, fostering a safer workplace.

#### **CLEAR RESPONSIBILITIES:**

Outlines responsibilities, promoting accountability among staff, management, and employers.

#### **SPECIALISED TRAINING RECOGNITION:**

Identifies tasks requiring special training, preventing unqualified individuals from undertaking hazardous activities.

#### **EFFICIENT SUPPORT SYSTEMS:**

Enables access to support and information, fostering a culture of continuous improvement.

#### **EMERGENCY PREPAREDNESS:**

Prepares staff to respond effectively to accidents and sudden illnesses, minimizing harm.

#### **RISK ASSESSMENT AWARENESS:**

Promotes proactive risk assessment, reducing the likelihood of accidents and injuries.

#### **TIMELY REPORTING:**

Guides staff on reporting health and safety risks promptly, preventing escalation.

## LEGISLATION COMPLIANCE IN MOVING AND ASSISTING:

Ensures compliance with legislation related to moving and assisting, reducing injury risks.

#### SAFE MEDICATION HANDLING:

Describes agreed ways of working in medication and healthcare tasks, minimizing errors.

#### **HAZARDOUS SUBSTANCE AWARENESS:**

Identifies and manages hazardous substances, ensuring a safer working environment.

#### FIRE PREVENTION AND RESPONSE:

Prevents fires and guides appropriate responses, minimising damage and injuries.

#### **SECURITY MEASURES:**

Implements measures for personal and organizational security, reducing external threats.

#### STRESS MANAGEMENT:

Recognises and manages stress, contributing to a healthier and more productive workforce.

A business should invest in health and safety training to protect its employees, reduce the risk of accidents, ensure legal compliance, and foster a positive work environment conducive to productivity and success.

#### **OUR APPROACH**

Sure Training takes a proactive and practical approach to health and safety training, focusing on empowering employees with the knowledge, skills, and resources necessary to identify and address workplace hazards effectively. Our expert trainers combine industry expertise with interactive learning techniques to deliver engaging and informative training sessions that resonate with participants.

#### WHAT SETS US APART



#### **CUSTOMISED TRAINING SOLUTIONS:**

We understand that every workplace is unique, with its own set of risks and challenges. That's why we tailor our training programs to address the specific needs and requirements of your organization, ensuring maximum relevance and impact.



#### **EXPERIENCED TRAINERS:**

Our trainers are seasoned professionals with extensive experience in occupational health and safety. They bring a wealth of practical knowledge and real-world insights to each training session, enriching the learning experience for participants.



#### **INTERACTIVE LEARNING:**

We believe in active participation and engagement. Our training sessions incorporate a variety of interactive activities, case studies, and discussions to reinforce key concepts and promote skill development among participants.

## BENEFITS TO YOUR BUSINESS

- Positive work environment
- Legal compliance
- Enhanced productivity
- Reduced risk of accidents
- Improving emergency response
- Protection from potential harm and financial repercussions
- Safer and more compliant work environment
- Overall success and sustainability of the business

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#### **FAQs**

## Is the course delivered in one single session?

Yes

**How long are the sessions?**4 hours

#### Where does the training take place?

We have a range of options to suit your requirements. In one of our classroom training facility locations; on-site at your place of work or preferred location; delivered remotely online.

# CLASSROOM TRAINING LOCATIONS

- Hull
- Leeds
- Goole
- Barnsley
- Scunthorpe
- Bridlington

#### How much does it cost?

£600 day rate (includes two courses, 8-10 people per course) or £45 per person (minimum of 8 people). Bespoke package options available on request.

#### What do we receive at the end?

You will receive certification confirming you have successfully completed the course.



# TAKE THE FIRST STEP TOWARDS WORKPLACE SAFETY EXCELLENCE

Investing in health and safety training is not just about meeting legal requirements; it's about creating a culture of safety where employees feel valued, supported, and empowered to work safely. With Sure Training as your partner, you can trust that your organisation will receive the highest quality training, setting the foundation for a safer, healthier, and more resilient workplace.



# TALK TO A MEMBER OF OUR TEAM TODAY

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