



SURE TRAINING

**YOUR PARTNER IN PROMOTING WORKPLACE
WELLBEING, SAFETY AND COMPLIANCE**



SURE TRAINING



A BRIEF INTRODUCTION TO SURE TRAINING

Welcome to Sure Training. Our primary goal is to empower individuals and organisations across diverse industries by providing high-quality training courses aimed at up-skilling workforces, fostering continuous learning, professional development and expertise enhancement.

So what sets us apart from the rest?
Here are few things we feel we do differently:



Partnership: At Sure Training, we go beyond traditional training models to create true partnerships in learning. Our unique selling point revolves around a collaborative approach, where we see ourselves not just as educators but as strategic partners invested in your success. By understanding your unique goals, challenges, and industry dynamics, we create customised training programs that seamlessly align with your objectives.



Flexible Options: Our flexible training approach allows you to choose when, where, and how you learn. With personalised learning paths, on-site or online options, and the ability to tailor course durations to meet specific needs, we empower individuals and organisations to achieve their goals without compromising on their unique timelines and preferences.



Longevity: At Sure Training, our unwavering commitment to excellence has stood the test of time. With over two decades of dedicated experience, we bring a wealth of knowledge and a proven track record to the table.

Let us help you maintain a safe and compliant workplace, while simultaneously reducing your costs and taking away the stress and hassle of organising you're training.



A NOTE FROM NIK SMILES TRAINING MANAGER

Welcome to Sure Training, designed to cater to the diverse needs of professionals in a wide range of sectors. As industries evolve and demand expertise in various fields, continuous learning and skill development become imperative for success. Whether you're a healthcare provider aiming to enhance patient care, a warehouse manager seeking efficient logistics solutions, or a catering company striving for excellence in food hygiene our tailored training programs are crafted to elevate your knowledge and proficiency.

Our range of specialised training modules are meticulously curated by industry experts. Our courses delve deep into the specific needs, challenges, and advancements within each sector, providing you with the tools, techniques, and insights necessary to excel in your respective field.

At our training institute, we pride ourselves on offering practical, hands-on learning experiences tailored to suit the dynamic needs of each industry. Our dedicated faculty comprises seasoned professionals committed to sharing their expertise and guiding you toward achieving excellence in your field.

Whether you're looking to upskill, refine your techniques, or stay updated with industry standards, we invite you to explore our comprehensive training programs and take a step closer toward mastering your profession.

The next few pages offers you an insight into the courses we deliver at Sure Training, our regional training room facilities and some of our most popular packages.

If you have any questions or would like more information, please don't hesitate to contact Sure Training using the details at the end of this document.

Nik Smiles

SURE TRAINING THE CLASSROOM

While technology-enabled learning has gained prominence, the classroom setting remains a cornerstone of workforce training due to its ability to foster interaction, hands-on practice, immediate feedback, and a conducive environment for comprehensive learning and professional growth.

A classroom facility offers several benefits for delivering training sessions:

- 1 **Interactive Learning:** Classrooms allow participants to engage with the material, ask questions, and participate in discussions, fostering a more dynamic learning environment.
- 2 **Facilitator Presence:** In a classroom, the trainer is physically present, enabling direct communication, immediate feedback, and the ability to gauge participants' understanding through non-verbal cues.
- 3 **Resource Availability:** Our classrooms are equipped with resources to enhance the trainer's ability to present information effectively and cater to different learning styles.
- 4 **Group Activities and Exercises:** Classroom settings facilitate group activities, discussions, and practical exercises, enabling participants to apply theoretical knowledge and reinforcing key concepts through hands-on experience.
- 5 **Professional Atmosphere:** Using a dedicated classroom facility adds a level of professionalism to the training, signalling to participants that the organisation values their development and has invested in creating a conducive learning environment.



COURSES AVAILABLE



Mental Health Awareness



Mental Health First Aid



Moving & Handling



First Aid At Work



Health & Safety



Food Hygiene



Dementia



Medication Awareness



Equality & Diversity

Sure Training also specialise in creating bespoke training packages meticulously tailored to suit the unique needs and objectives of your business, ensuring a highly customised and effective learning experience for your team.

“Dedicated face-to-face training provision, results in higher-quality care and productivity, increased client satisfaction, and a more fulfilling experience for any team.”
- Nik Smiles





FAQS

Are the courses delivered in one single session?

Yes, all of our individual course subjects are delivered in the same day at a time and location to suit you.

Where does the training take place?

We have a range of options to suit your requirements. In one of our classroom training facility locations; on-site at your place of work or preferred location; delivered remotely online.

How long are the sessions?

Typically between 2-3 hours per course subject.

How much does it cost

Prices vary depending on the course and your businesses' requirements, please speak to a member of the team for a quote.

What do we receive at the end?

You will receive certification confirming you have successfully completed the course.

POPULAR TRAINING COURSES

Sure Training offers a diverse array of packages tailored to suit a variety of needs, and we recognise that everyone's requirements are unique, however here are some examples of our most booked training courses.

MENTAL HEALTH AWARENESS

Key Training Topics:

- Understanding Mental Health and Mental Wellbeing
- Identifying Myths and Stigma Surrounding Mental Health
- Effective Communication and Support Strategies
- Stress Management and Resilience
- Creating a Supportive Work Environment
- How to Live Improve Wellbeing and Live a Healthier Lifestyle
- Recognising Signs and Symptoms

FIRST AID AT WORK

Key Training Topics:

- CPR (Cardiopulmonary Resuscitation)
- Use of Automated External Defibrillators (AEDs)
- Choking
- Wounds and Injuries
- Burns and Scalds
- Recognising Medical Conditions:
- Allergic Reactions
- Infection Control
- Record Keeping and Reporting

If these courses sounds like something your business can benefit from, talk to one of our training advisors today.

YOUR FEEDBACK SHAPES WHO WE ARE

At Sure Training we believe in continuous improvement, which is why we provide feedback forms to our clients. Your input helps shape the future of our courses, ensuring they always meet your needs and remain at the forefront of excellence.

Describe which part of the course you found most useful

"The practical session where we learned how to use the different pieces of equipment and machinery by physically interacting with it ourselves."

Describe one thing you have learnt in the session that you will use

"CPR techniques and using equipment effectively."

Tell us one thing you would like further learning / development on

"A sign language module would be a great addition."

Overall Comments or Improvements

"Amazing course leader, very informative and helpful. We learned at pace where I was able to take all the information in and retain it."

CLASSROOM TRAINING LOCATIONS

We currently have six state-of-the-art bespoke classroom training facilities across Yorkshire and Lincolnshire.

- Hull
- Goole
- Scunthorpe
- Leeds
- Bridlington
- Barnsley

If there isn't a physical classroom location suited to you, our training experts can deliver on-site sessions at a time and place convenient for you.

We wear our badges with pride



THANK YOU!

Thank you for taking the time to learn more about Training and the courses we can offer. We hope this meets your requirements and we would be delighted to have the opportunity to discuss this in more detail with you.



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